

## Dr Frances Pitsilis joins top Appearance Medicine Doctors at “Lip Queen of London” Master Class



Doctor Frances Pitsilis was selected with four other top NZ Appearance Medicine doctors to be trained at the Lip Master Class in Sydney in October '06, given by Dr Rita Rakus, the celebrated 'Lip Queen of London'.

Dr Pitsilis was the only Appearance Medicine doctor from the North Shore of Auckland invited to attend this uniquely special event, by Q – med, makers of Restylane®, a popular dermal filler used for Lip contouring and sculpting.

The 'Lip Queen's' comments about beauty being balanced, sensible, and now accessible to the average person is completely in line with Dr Pitsilis' holistic beauty philosophy.

“It is most important to look at the face”, says Dr Pitsilis, “and to not strictly stick to fashion – any improvements must be balanced with the face as a whole”.

Where lips are concerned, she is interested in a natural fullness which is in proportion to other facial features – soft sexy, feminine lips are in – over blown lips and the “Trout Pout” are out.

Fifty is the new 40 – more working women can afford lip treatments, and ages up to and beyond 70 are having it – especially for that ‘fresher look’.

Dr Pitsilis is unique in that she is the only woman doctor performing Appearance Medicine who also does Holistic Medicine, and so takes a ‘full view’ approach to a patients appearance. In her workshops and seminars, she discusses diet, lifestyle, stress management, herbs and hormone therapies.

She originally started using Botulinum Toxin in her work as a Stress Consultant to treat migraine and chronic pain patients – these are often part of stress – related and complex medical conditions which she treats. And as this work intensified, she became interested in balancing her work.

Appearance Medicine allows her to use her surgical skills and her aesthetic eye – and gives her the joy of creativity. Indeed she gets much satisfaction from improving a persons appearance and seeing the effect on their confidence and self esteem, which is so often part of a persons psychological / physical health.

She can relate many powerful examples of how her appearance treatments have “ saved my life” or enabled a person to “ now be able to look at myself in the mirror”.